



### KidKare

Are you a provider who claims using KidKare? We understand that new children start throughout the year. Did you know that:

1. You can enter a new child into your KidKare program to begin claiming the child for the current enrolled month?
2. That the new child will just stay "pending" in KidKare until PRI receives the child's enrollment form and we approve the child.
3. We must receive the new child enrollment prior to you submitting your claim.

**Don't forget to send in the new child enrollments!**

### INFANT MENUS

Remember when serving infants in the 6-12 month age grouping:

- For infants being introduced solid infant foods, only write the food on your menu once you see that the infant accepts and tolerates the food.
- Once the infant is eating solid infant food for one meal, you must serve it all meals that you are claiming the infant for. If the infant is not ready for full servings at each meal, you can offer the smaller required amounts.

See required infant food amounts below:

- Meat/Meat Alternative- 0-4 Tblsp of infant cereal and/or meat, fish, poultry, whole egg, cooked dry beans or peas, or 0-2 ounces of natural cheese, or 0-4 ounces cottage cheese, or 0-4 ounces or 1/2 cup approved yogurt, or a combination of the above.
- Vegetable/Fruit-0-2 Tblsp vegetable or fruit or a combination of both.

### MEAL PATTERN UPDATES!

**Choking Prevention Clarification:** It has been recognized on the state level that some clarification needs to be made regarding foods that are considered choking hazards.

The Office for Food and Nutrition Programs guidance is to restrict the following foods to children under 4 years of age.

1. Hot dogs, sausages, sausage links (or similar processed food items).
2. Grapes, cherries, melon balls, or cherry/grape tomatoes.
3. Certain berries– kiwi, raspberries, blackberries, and goji berries.
4. Peanuts, nuts, and seeds (sunflower, pumpkin)
5. Peanut butter and nut butters
6. Dried fruit like raisins or cranberries
7. Any foods that are round, tube-shaped, small, hard, thick/sticky, smooth, slippery, or easily molded to stick to the airway.

Foods that are NOT on the list above still may be a choking hazard due to their shape but can be altered through either cutting them into and serving them in small, manageable bites should be no larger than a nickel in size or by cooking to soften the food item.

### What does this mean?

This means that blueberries are now allowable for the regular menu (1-12 years old), however providers must make sure that they are small blueberries or larger ones that are altered.

**Remember, the food once altered, should be no larger than a nickel in size!**



Online Claiming at [WWW.KIDKARE.COM](http://WWW.KIDKARE.COM) is the easiest way to ensure that your claim is submitted on time, and paid as promptly as possible. Its easier than paper menus and ITS FREE!. Call us today to get started!